

Suicide Prevention Training (QPR)

DATES & TIME

Thursday November 19, 2015
10AM to NOON

LOCATION

Mecklenburg Office
1100 South Tryon St., Suite 100
Training Room 138
Charlotte, NC 28203



TRAINERS

Tosha Breland, Lisa Murray, and
Ronald Clark

REGISTRATION

Register for the QPR Training on our
internal training calendar at the following
link:

<http://www.brownpapertickets.com/event/2411816>.

Fee: \$5.00

This covers the cost of materials and snacks

OVERVIEW OF TRAINING

In honor of Homeless Awareness Month, we are offering a suicide prevention training.

QPR (Question, Persuade, Refer)

Every 13 minutes, a person in the United States dies by suicide. This evidenced based training is designed to teach anyone how to save a life through three steps:

- Question a person about suicide
- Persuade the person to get help
- Refer the person to the appropriate resources

Just as people trained in CPR and the Heimlich maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to appropriate help.

This training includes: Two videos, a short evidenced based curriculum, activities to practice skills, and discussion. Suicide is a difficult subject that has touched many of us. Please know that your trainers have a gentle approach and that all are welcome to attend.